

P.S.No.92/2014

WESTERN RAILWAY

Headquarter Office
Churchgate,
Mumbai- 400 020.

No. E(R&T) 1136/2/19/1/R.Y.

Date: 08/09/2014.

To,
All DRMs / CWMs & Units Incharge,
C/- Genl. Secy., WREU-GTR / WRMS-BCT.
C/- ZS-All India SC/ST Rly Employees. Assn, 'W' Zone, Mumbai
C/- ZS-All India OBC Rly Empl. Assn, Mumbai.

Sub -: Policy regarding participation of Indian Railways Personnel in
Meditation / Yoga/Spiritual and other related programmes.

A copy of Railway Board's letter No.2012/E(Trg)/12/17 dated
13.08.2014 (R.B.E.No.88/2014) is sent herewith for information, guidance and
necessary action.

Encl: As above.

Neha Gupta
08/09/14
(Neha Gupta)
APO(R&T)
For General Manager (E)

P.S.No.92/2014

पश्चिम रेलवे

प्रधान कार्यालय,
चर्चगेट,
मुंबई- 400 020.

सं.स्था(भ व प्र)1136/2/19/1/राजयोग

दिनांक 08/09/2014

सर्व संबंधित

प्रति : महामंत्री-वे.रे.म.सं.-मुंबई सेंट्रल

महामंत्री-वे.रे.म.यु.-ग्रांटरोड

ZS-All India SC/ST Rly Employees. Assn, 'W' Zone, Mumbai

ZS-All India OBC Rly Empl. Assn, Mumbai.

विषय : मेडीटेशन /योगा/आध्यात्मिक तथा और संबंधित कार्यक्रमों में रेल
कर्मचारियों का भाग लेने संबंधी निति ।

रेलवे बोर्ड के पत्र सं.2012/E(Trg)/12/17 दिनांक 13-08-2014 (आर बी ई सं.88/2014) कि
प्रतिलिपी सूचना, मार्गदर्शन तथा आवश्यक कार्यवाही हेतु परिपत्रित की जा रही है ।

संलग्न : यथोक्त


(नेहा गुप्ता)

स.का.धि(भ व प्र)

कृते महाप्रबंधक(स्था)



Government of India (Bharat Sarkar)
Ministry of Railways (Rail Mantralaya)
(Railway Board)

No. 2012/E(Trg)/12/17

New Delhi, dt. 13.08.2014
RBE NO. 88/2014

The General Managers /WR
All Indian Railways/PUs

The Director General
NAIR/Vadodara
RDSO/Lucknow

The Directors
IRISET/Secunderabad
IRICEN/Pune
IRIEEN/Nasik
IRIMEE/Jamalpur
IRITM/Lucknow
JRRPF/Lucknow

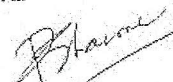
- Sub: Policy regarding participation of Indian Railways Personnel in Meditation/Yoga/Spiritual and other related programmes
- Ref: (i) Board's letter no. 2012/E(Trg)/12/17 dt. 17.07.2012
(ii) Board's letter no. 2012/E(Trg)/12/17 dt. 26.10.2012
(iii) Board's letter no. 2012/E(Trg)/12/17 dt. 20.09.2013.

Railway Board, vide circulars mentioned above, has issued policy regarding participation of Indian Railways personnel in Meditation/Yoga/Spiritual and other related programmes. It has now been decided to bring out a comprehensive policy circular regarding the above.

2. Following instructions may be followed:

- i) Special Casual Leave (SCL) upto a maximum of nine (09) days inclusive of four (04) days journey time would be allowed once in a year for one such programme, which would be granted by the respective Controlling officers to willing employees;
- ii) Special pass (as per entitlement) would be given once in a year to such Railway employee who has been granted SCL by the Controlling officer;
- iii) No TA/DA would be payable;
- iv) No programme fee would be payable by Railways; and
- v) The official willing to participate in such programmes would be spared subject to the convenience of the Administration.

3. Strict compliance to the above directives may be ensured by all concerned.
4. This supersedes all previous instructions/circulars on the subject.
5. This issues with the concurrence of the Finance Directorate of Railway Board.


(Padma Sharma)
Dy. Director(Training)
Railway Board