

WESTERN RAILWAY

P.S.No.90/2012

Headquarter Office,  
Churchgate, Mumbai-20

No. E(R&T)1136/0/Policy

Date: 24.09.2012

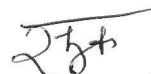
To,  
All DRMs / CWMs & Units Incharge,  
C/- Genl. Secy., WREU-GTR / WRMS-BCT.  
C/- GS-All India SC/ST Rly Employees. Assn,'W' Zone, Mumbai  
C/- GS-All India OBC Rly Empl. Assn, Mumbai.

Sub: Policy regarding participation of Indian Railways personnel in  
Meditation/Yoga/Spiritual and other related Programmes.

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A copy of Railway Board's letter No.2012/E(TRG)/12/17 dated 17.07.2012  
is sent herewith for information, guidance and necessary action.

Encl: As above.



( S. Kademani )  
For General Manager(E)



भारत सरकार **Government of India**  
रेल मंत्रालय **Ministry of Railways**  
(रेलवे बोर्ड) **(Railway Board)**

No.2012/E(TRG)/12/17

रेल भवन, नयी दिल्ली - 110001, तिथि: 17.07.2012  
Rail Bhavan, New Delhi - 110001, Dated: 17.07.2012

**The General Managers  
All Indian Railways/PUs**

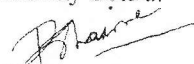
**The Director General,  
RSC/Vadodara;  
RDSO/Lucknow.**

**The Directors,  
IRISET, Secunderabad;  
IRICEN, Pune;  
IRIEEN, Nasik;  
IRIMEE, Jamalpur;  
IRITM, Lucknow;  
JRRPF Academy, Lucknow.**

**Sub: Policy regarding participation of Indian Railways personnel in  
Meditation/Yoga/Spiritual and other related Programmes.**

The issue of formulating a uniform policy for participation of Indian Railways personnel in spiritual programmes, meditation/yoga and other related training programmes has been under consideration of the Board for some time. Board has now decided that the following facilities/ privileges would be admissible to the participants:-

- (i) Special Casual Leave (CL) up to a maximum of 5 days would be allowed once in a year to any willing employee for only one such programme;
  - (ii) Special Pass (as per the entitlement) would be given once in a year to any willing employee;
  - (iii) No TA/DA would be payable;
  - (iv) No programme fee would be payable by the Railways; and
  - (v) The personnel willing to participate in such programmes would be spared subject to the convenience of the Administration.
2. - Strict compliance to the above directives may be ensured by all concerned.
  3. This supersedes all previous instructions/ circulars on the subject.
  4. This issues with the concurrence of the Finance Directorate of Railway Board.

  
(Padma Sharma)  
Dy. Director/Training  
Railway Board